

# Sarah Kay, Spoken Word and Self Expression

# THINK!

- Write down on a piece of paper in point form, **10 things** you know to be **true**. This can be ANYTHING! It can be about you, the world, sports, your family.
- For example, I might write:
  - I was born in November
  - I am the oldest of 8
  - I am married to Matt Grey
  - I teach English...



Sarah Kay: “If I Had a Daughter”

# A story only **YOU** can tell:

- You are now going to take your **10 truths** and use them to compose a poem entitled, “**Three Things I Know to be True**” (pick your best 3!)
- No. You will **NOT** have to read these aloud (unless, of course, you want to!)

# How to:

- 1. Start with your **topic** (3 things)
- 2. **Think** about your 3 things and **generate** some thoughts
  - For example: I am born in November
    - Valentine's Day baby
    - Guy Fawkes' Day
    - Take that Malcolm Gladwell
    - Remembrance day

# “How to” cont: Put your thoughts into poetry.

- I am born in November,  
(on the 5<sup>th</sup>, to be exact).  
the likely result of a romantic Valentine's...  
I'd rather not think about that.  
According to Gladwell,  
it's the January babies that have the best start;  
It's the January babies that go farther--  
Faster, higher, stronger...  
and I'm not one to argue.  
But I will prove him wrong.  
Remember, remember the 5<sup>th</sup> of November

# Criteria: What I am looking for

- I am looking for **YOU** in this poem (backpack of experience!)
- I want to see you taking **risks**: playing with words, rhythm and emotions
- I want to see an attempt at **creativity** in expression: language, imagery and rhythm (the sounds of words).
- I want to see at least one **metaphor and** one **simile**.
- **3 stanzas**: each one a thing you know to be true a minimum of **four lines per stanza**